

In a general way the moral virtues have been given, and the personal habits of the youth have been touched upon.

The youth in Shakespeare's time, was admonished on the use of time, his treatment of women and his love for them, upon the minutest factor in the process of character formation. Stanhope was instructed, warned cautioned with as scrupulous care. The subjoined extracts will bear out these statements:

"Take heed to time passed, consider time to come,
That thou mayst well order thing present as is best,
To thy lande and honour, according to wisdomes,
With due advisement consider in thy brest,
That all thy busyness conclude on one thing honest,
And what hurt may folowe, or thinges profitable,
So what ev r folowe shall be more tollerable.
Be not always busy in workes corporal,
But sometime release thee of wordly busynes
Then occupy thy minde musing on thing morall:
While thy body resteth and is at quietness,
Some pastime of body is worse than idleness,
As tables continuall, the cardes and the dice,
But leave these, and study frequent and exercise."¹

"I could wish, that every rational man would, every night when he goes to bed, ask himself these questions, 'What have I done today? Have I done any thing that can be of use to myself or

1. Mirrour of Good Maners, p 23.